



PILATES INSTRUCTOR TRAINING PROGRAM APPLICATION FORM—PAGE 2

6. List other related certifications: (e.g. ACSM, ACE, AFAA, etc.)

7. Why do you want to take this course?

8. How did you hear about Fit First Pilates & Education?

9. Describe any physical injuries you may have that would limit your participation in this course:
(please be specific)

10. If you are not taking the anatomy course, please describe any courses you have taken which would cover this requirement:

**To reserve your place, please send a deposit of 50% of the selected course fees along with this application to:
(Balance is due prior to first class) A resume may also be included.**

Pilates Instructor Training
Fit First Pilates
619 E. Blithedale, Ste. B
Mill Valley, CA 94941

Make checks payable to **Fit First Pilates**. Money Orders are also accepted.

**Space is limited and applications will be processed on a first-come, first-serve basis.
Space will ONLY be reserved upon the receipt of all application materials and deposit.**